

**Tiffany Sterling, EdD, RD, LD**  
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**EDUCATION**

Doctor of Education	12/21
A. T. Still University, Kirksville, MO	
Master of Science in Health Sciences	05/17
Arkansas State University, Jonesboro, AR	
Health Science Education Certificate	
Bachelor of Science in Nutritional Science	08/14
Arkansas State University, Jonesboro, AR	

**PROFESSIONAL CERTIFICATIONS**

Registered Dietitian (RD)	09/14-Current
Commission on Dietetic Registration: #86037579	
Licensed Dietitian (LD) for Arkansas	09/14-Current
The Arkansas Dietetics Licensing Board: #1472	
Licensed Dietitian (LD) for Missouri	04/15-Current
State of Missouri Division of Professional Registration: #2015001668	
ServSafe Certification	11/22-11-27
The National Restaurant Association	

**PROFESSIONAL EXPERIENCE/CONFERENCES ATTENDED**

**Program Director** for the Coordinated Program in Dietetics 7/22-Current  
at Arkansas State University in Jonesboro, AR.

Responsibilities: maintain program accreditation, manage the program and employees, teach multiple courses; plan lessons and assignments; assess students' progress by grading papers, tests, and additional assignments; assign students to practicum sites, supervise and coordinate visits with preceptors to ensure student learning; serve on committees; advise students; develop syllabi for the courses taught and ensure that it meets the college and department standards as well as follow the accreditation and curriculum guidelines; stay informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (60% teaching, 40% administrative)

**Interim Program Director** for the Coordinated Program in Dietetics 6/21-7/22  
at Arkansas State University in Jonesboro, AR.

Responsibilities: maintained program accreditation, managed the program and employees, taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on committees; advised students; developed syllabi for the courses taught and ensured that it meets the college and department standards as well as followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (60% teaching, 40% administrative)

Attended Arkansas Academy of Nutrition and Dietetics Meeting (virtual) 04/22

**Assistant Professor** for the Coordinated Program in Dietetics

at Arkansas State University in Jonesboro, AR

02/18-6/21

Responsibilities: taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on committees; advised students; developed a syllabus for the courses taught and ensured that it met the college and department standards as well as followed the accreditation and curriculum guidelines; Worked to revise the curriculum map and develop student learning outcome plan for the updated curriculum implemented Fall 2020; developed new courses; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday: 100% teaching.

Attended Arkansas Academy of Nutrition and Dietetics Meeting(virtual) 04/21

Attended Food and Nutrition Conference and Expo (virtual) 10/20

Attended Nutrition and Dietetic Educators and Preceptors Meeting  
in Birmingham, AL 03/20

Attended Nutrition Focused Physical Examination Training  
in Cleveland, OH 10/19

Attended Arkansas Academy of Nutrition and Dietetics Meeting  
in Little Rock, AR. 04/19

Attended Arkansas Academy of Nutrition and Dietetics Meeting  
in Little Rock, AR. 04/18

**Adjunct Faculty** for the Coordinated Program in Dietetics

08/17-02/18

at Arkansas State University in Jonesboro, AR

Responsibilities: taught a basic human nutrition course; planned lessons and assignments; developed syllabi for the courses taught and ensured that they met the college and department standards as well as followed the curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

**Clinical Dietitian**

10/15-02/18

at NEA Baptist Memorial Hospital in Jonesboro, AR

Responsibilities: provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday and occasional weekends.

**Clinical Instructor**

01/15-05/16

at Arkansas State University in Jonesboro, AR

Responsibilities: provided instruction for students at on site rotations; oversaw students who provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations

**Interim Patient Services Manager**

10/14 – 01/15

at NEA Baptist Memorial Hospital in Jonesboro, AR

Responsibilities: planned and supervised patient food assembly and service. Scheduled, hired, dismissed, and trained tray line, diet office and hospitality personnel. Ensured patient satisfaction and maintained good public relations. Assisted clinical dietitians in providing medical nutrition therapy.

**SCHOLARLY CONTRIBUTIONS AND CREATIVE PRODUCTIONS****PRESENTATIONS**

*Poverty Simulation: Addressing Poverty Invoked Health Disparities from an Interdisciplinary Approach*

Learned forum: Interprofessional Education Collaborative  
November 29, 2022, virtual presentation

**INSTITUTIONAL COMMITTEES****Department**

Dietetics Advisory Board Member 02/18-Current

Chair: 7/22-current

Coordinated Program in Dietetics Admissions Committee Member 02/18-Current

Chair: 7/22-current

Coordinated Program in Dietetics Curriculum Committee Member 02/18-Current

Chair: 7/22-current

Coordinated Program in Dietetics Orientation Committee Member 02/18-Current

Chair: 7/22-current

Coordinated Program in Dietetics Progression  
and Remediation Committee Member 02/18-Current

**College of Nursing and Health Professions**

Student and Alumni Affairs Member 2020-2022

Ad Hoc Social Media Committee Member 2020-2022

Clinical Relations 2020-Current

**ORGANIZATIONS**

Member of Academy of Nutrition and Dietetics (AND) 08/12-Current

Nutrition and Dietetics Educators and Preceptors 05/18-Current

Dietetics Practice Group

Nutrition Educators of Health Professionals 02/23-Current

Dietetics Practice Group

Research Dietetics Practice Group 02/23-Current

Member of the Northeast Arkansas District Dietetic Association 10/16-10/19

(NEADDA) Secretary

**PROFESSIONAL SERVICE**

Career and Technical Education Advisory Board Member 1/22-Current

Nettleton High School Family and Consumer Science Department

Organized the Arkansas District Academy of Nutrition and Dietetics Fall Meeting

St. Bernard's Health & Wellness Center, Jonesboro, AR;  
NEA Baptist Memorial Hospital, Jonesboro, AR;  
ArAND State Fundraising Chair Assistant

09/18  
09/17  
2022-Present

## **HONORS AND AWARDS**

Nutritional Science Distinguished Alumni Award	10/2018
Morrison Healthcare GEM award	01/2018
Nutritional Science Outstanding Practicum Student	04/2015
Dean's List – Arkansas State University	2012-2014

## **TEACHING**

### **SPRING 2023**

NS 4523 Medical Nutrition Therapy II  
NSP 4654 Practicum V

### **FALL 2022**

NS 4413 Medical Nutrition Therapy I  
NS 4442 Professional Development  
NSP 4544 Practicum IV

### **SUMMER 2022**

NS 2203 Basic Human Nutrition

### **SPRING 2022**

NS 4523 Medical Nutrition Therapy II  
NS 3253 Nutrition Assessment  
NSP 4654 Practicum V

### **FALL 2021**

NS 4413 Medical Nutrition Therapy I  
NS 4442 Professional Development  
NSP 4544 Practicum IV

### **SUMMER 2021**

NSP 4656 Practicum V  
NS 2203 Basic Human Nutrition

### **SPRING 2021**

NS 2203 Basic Human Nutrition  
NS 4523 Medical Nutrition Therapy II  
NS 4553 Nutrition Counseling  
NS 3263 The Nutrition Care Process  
NSP 4543 Practicum IV

### **FALL 2020**

NS 2203 Basic Human Nutrition

NS 3113 Nutrition Through the Life Cycle  
NS 3163 Nutrition Education  
NS 4413 Medical Nutrition Therapy I

**SPRING 2020**

NS 2203 Basic Human Nutrition  
NS 3243 Quantity Foods  
NS 4523 Medical Nutrition Therapy II  
NSP 4543 Practicum IV

**FALL 2019**

NS 2203 Basic Human Nutrition  
NS 4413 Medical Nutrition Therapy I  
NS 4453 Community Nutrition  
NS 3143 Basic Foods  
NSP 4433 Practicum III

**SUMMER 2019**

NSP 4656 Practicum V

**SPRING 2019**

NS 2203 Basic Human Nutrition  
NS 3233 Dietetics Administration  
NS 4443 Experimental Foods  
NS 3223 Nutrition Through Life Cycle II  
NPS 3213 Practicum I

**FALL 2018**

NS 2203 Basic Human Nutrition  
NS 3223 Nutrition through Life Cycle II  
NS 3133 Food Service Management  
NS 3143 Basic Foods

**SPRING 2018**

NS 2203 Basic Human Nutrition  
NS 3133 Food Service Management